

## HealthAid Bodylean® CLA Plus (Chromium,CoQ10 , Green Tea++) Blister

Bodylean CLA Plus contains Conjugated Linoleic Acid (CLA) which has a role in the way the body stores and utilises energy, thereby regulating and helping reduce body fat percentages. HealthAid Bodylean CLA Plus also contains Green Tea, Carnitine, Ornithine, Creatine, CoQ10 and Chromium which work synergistically to release energy from stored body fat, to assist the body achieve the desired weight and physique.

For maximum benefit, use this product in conjunction with a healthy balanced diet and regular exercise.

### Who Are HealthAid Bodylean CLA Plus For?

- Those who want to achieve a healthy body weight
- Those who want to control their appetite and increase their metabolism
- Those who want to balance their blood sugar and maintain healthy insulin levels

### HealthAid Bodylean® CLA Plus Capsules/Tablets Can Benefit:

- People who experience constant sugar cravings
- People who wish to achieve a healthy body weight
- People who want to diet but don't want to give up their favorite foods
- People who wish to control their appetite and increase their metabolism
- People who wish to balance their blood sugar and maintain healthy insulin levels
- Those who wanting to tone and maintain a healthy lean body

### Recommended Daily Intake of HealthAid Bodylean CLA Plus :

Adults, one capsule and one tablet three times a day with food. Do not exceed recommended daily intake unless advised by a suitably qualified person.

**\*\* NO ADDED SUGAR OR SALT**

**\*\* FREE FROM YEAST, GLUTEN, WHEAT, SOYA & DAIRY**

**\*\* FREE FROM ARTIFICIAL COLOURS, PRESERVATIVES & FLAVOURINGS**

**\*\* Food Supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.**

Each Bodylean CLA Capsule Contains (Average):		%NRV
Conjugated Linoleic Acid oil (80% CLA) [derived from sunflower and safflower oil]	1000mg	*
<b>Which provides:</b>		
Free CLA	800mg	*
Each Bodylean Tablet Contains (Average):		%NRV
Chromium	200µg	*

CoQ10	15mg	*
Green Tea polyphenols	100mg	*
L-Ornithine	125mg	*
L-Carnitine	125mg	*
Creatine	125mg	*

**\*: EC Nutrient Reference Value Not Yet Established**

**INGREDIENTS FOR CLA CAPSULES:**

Conjugated Linoleic Acid Oil, Capsule Shell [gelling agent (gelatine), humectant (glycerol, purified water), natural colour (caramel, titanium dioxide)].

**INGREDIENTS FOR BODYLEAN TABLETS:**

Bulking Agent (maltodextrin, microcrystalline cellulose), L-Carnitine-L-Tartarate, L-Ornithine HCl, Creatine Monohydrate, Green Tea, Glazing Agent [hydroxy propyl methyl cellulose (HPMC), hypromellose, titanium dioxide, copper chlorophyllin, veg. glycerine)], Co-enzyme Q10, Anti-caking Agent (silicon dioxide, veg. stearic acid, veg. magnesium stearate), Chromium Chloride Hexahydrate.